

In April each school year, fifth-grade students will be learning about human growth and development. This is a regular part of the fifth-grade curriculum. Males and females will be taught in separate spaces.

CCSD 89 building principals will teach the curriculum. Male principals will lead the lesson for boys; female principals will lead the lesson for girls.

Students will know the function of the human reproductive system and the parts of the human anatomy that comprise the reproductive system.

- Identify characteristics of puberty and the effects of these changes on physical, mental, and social development
- Students will learn the correct names of the reproductive organs
- Using a diagram, be able to locate these organs
- Understand body changes in boys and girls during puberty. Identify individual differences in growth and development among people.
- Understand the importance of personal hygiene - healthy actions that influence the functions of the body.

The workbook pages that will be discussed can be found here: <https://bit.ly/3Bl8qxN> The book is *Your Body Book* by Linda Meeks and Philip Heit.

Parents may choose to watch the video that will be shown during class with their child. The videos are comprehensive and cover all of the areas discussed in class.

- There is a video for girls: <https://youtu.be/gv21b3ZpSLg>
- There is a video for boys: <https://youtu.be/2XF0awGRTWs>

If your student has additional questions beyond the scope of the fifth-grade curriculum, we have gathered additional resources that may help your conversation at home: <https://bit.ly/36Yl4TY>

Feel free to reach out to your child's fifth-grade teacher or your school principal if you have any questions or concerns related to this content.